

STUDENT PALLIATIVE CARE

SREE NARAYANA COLLEGE KOLLAM

EDAM-A SPACE IN MIND



REPORT

2020-2021

INTRODUCTION

Palliative care is dedicated medical care for people living with a serious disease. This kind of attention is intensive on imparting reprieve from the symptoms and stress of the illness. The goal is to improve quality of life for both the patient and the supporting family. Student Palliative Care (SPC) is one among the best practices of our college. SPC unit associate with palliative care unit of Kollam district to conduct the activities more effectively. The students and faculties of our college had done remarkable work in this area.

As our college belongs to Kollam district, we had restricted our activities in the district. Kollam (Quilon) was one of the trade hubs in British India. Kollam Port had trades history with Phoenicians, Arabs and Chinese etc. The city is known for its cashews and beaches. We decided to focus our palliative initiatives on Cantonment Ward of Kollam District. The reason to choose these particular areas is that Cantonment ward is basically a railway colony. The residents of this ward have their homes on both sides of railway stations and rail tracks. Also, this region is near to our college so we can easily intervene with the people there. With the support of govt palliative care unit and councillor of Cantonment Nagar we were able to conduct the health survey during 2019-20 and identify the beneficiary patients.

Palliative care unit consist of 57 volunteers.

The faculty members are :

Dr. Vidya S (Assistant Professor, Physics)	Coordinator
Dr. N. Ratheesh (Assistant Professor, Botany)	Member
Dr. Archa Arun (Assistant Professor, Politics)	Member
Miss. Jissa (Assistant Professor, Politics)	Member
Miss. Chinnu Chandran (Assistant Professor English)	Member
Dr. Sumesh (Assistant Professor of Chemistry)	Member
Dr. Vivek (Assistant Professor of Chemistry)	Member

ACTIVITIES

Due to COVID pandemic, activities during the year were restricted and in this contest a tele counselling programme entitled '*Sahridayam*' was conducted in collaboration with District Medical Office in aiding the patients.