

COLLEGE LEVEL CERTIFICATE COURSE


LIFE STYLE DISEASES AND THEIR MANAGEMENT

DEPARTMENT OF BIOCHEMISTRY
SREE NARAYANA COLLEGE, KOLLAM

TOPICS COVERED

- DIABETES MELLITUS
- CANCER
- ATHEROSCLEROSIS & CARDIOVASCULAR DISESASES
- OBESITY
- BMI
- THERAPEUTIC AND DIETARY MANAGEMENT

Course Co-ordinator : Dr.Vinod B.S
Ph: 9447144677


Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

Certificate Course in Life Style Diseases and their Management

Organizing department: Biochemistry

Course Co-ordinator: Dr. Vinod B. S

Contact Hours: 30

Scheme and Syllabus

Objective: To create awareness among students about the various diseases arising from the day-to-day activities of people which could be prevented or managed by controlling the life style. The course also covers the general aspects of diagnosis, methods of prevention and pharmaceutical intervention.

Expected outcome:

This Certificate course will provide students the knowledge and competencies needed to facilitate behaviour change interventions in the areas of nutrition and physical fitness. They will learn how to perform nutrition assessment and prescription, evaluation of different components of physical activity and the health risks of overweight and obesity, clinical management of obesity with lifestyle therapy, and the principles of designing a successful weight loss program.

Module I (3 hrs) Concept of lifestyle diseases- importance of lifestyle factors in preventing disease development: diet, exercise, smoking, alcohol etc

Module II (6 hrs) Diabetes- Type 1 and type2, characteristics, causes, diagnosis, prevention and management

Module III (6 hrs) Cancer: Characteristics, Causes, Diagnosis, Prevention, Management, basics of treatment modalities.

Module IV (6 hrs) Atherosclerosis and cardiovascular diseases- Myocardial infarction, congestive heart failure, ischemic diseases-Causes, diagnosis and management

Module V (6 hrs) Importance of diet and exercise in health- balanced diet, BMR, calorific value, reducing cholesterol and risk of heart attack through life style changes, use of medication to treat disorders

Module VI (3 hrs) Body mass index, determination and significance. Obesity- causes, prevention and management

Board of Studies

1	Dr.R.Sunilkumar	Principal, SNC Kollam
2	Dr.S.V.Manoj	IQAC Co-ordinator, SNC Kollam
3	Sri. Anil Raj V	General Co-ordinator for certificate courses, SNC Kollam
4	Dr.Ambili .S	HOD, Biochemistry, SNC Kollam
5	Dr.Vinod B.S	Co-ordinator, Asst. Prof, Dept of Biochemistry, SNC Kollam
6	Dr.Meera Krishna B	Subject Expert, Research Scientist Jothydev's Diabetes and Research Centre, Thiruvananthapuram
7	Dr.Latha B	HOD & Assistant Professor, TKM College, Kollam
8	Mrs.Ajinza A	Assistant Professor, TKM College, Kollam
9	Mrs.Soumya S	Assistant Professor, TKM College, Kollam
10	Dr.Anzil PN	Assistant Professor, TKM College, Kollam

Prinathalharayal
Principal
Sree Narayana College
Kollam




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ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

**Minutes of the meeting held on 06/02/21 for starting a certificate course by
Department of Biochemistry**

Members present:

Dr.R.Sunilkumar (Principal)

Dr.S.V.Manoj (IQAC Co-ordinator)

Anilraj V (Co-ordinator Certificate Courses)

Dr.Ambili S (H.O.D Biochemistry)

Dr.Vinod B.S (Dept.levelCourse Co-ordinator)

Agenda: Starting of Certificate Course by Department of Biochemistry

The meeting began at 10 am, with the brief introduction on the importance of certificate courses in the college, by the Principal, Dr.R.Sunilkumar. He urged that the department should begin a certificate course related to general health issues pertinent to biochemistry field.

Dr.S.V.Manoj, IQAC Co-ordinator pointed out the suggestions from the NAAC Peer team report on institutional assessment and accreditation during their last visit. He said that NAAC peer team has recommended the need based short term courses for the quality enhancement of the institution.

Sri.Anilraj V proposed the general guidelines about the standard operating procedures for the smooth conduct of the course. He suggested the course should be confined to the students of the college and it should be run in an interdisciplinary mode, so that students from each department can choose their course of interest from other departments. For the time being the courses can be conducted in an online mode owing to Covid-19 restrictions. The timing of the classes has been decided to be outside usual college hours. Also, the meeting decided not to charge any fees for the course and the course materials should be provided to the students free of cost.

The duration of the course should be 3 months and minimum 30 hours should be there for the course as per UGC guidelines. An exam should be conducted at the end of the course to those students who have minimum 70% attendance and certificate should be issued to those who score pass marks of 27 out of total 80. The meeting also decided to constitute a Board of Studies by including an external expert in the concerned field.

Dr.Vinod B.S , Department level Co-ordinator suggested a certificate course on Life Style Diseases and their management. This course will help to create awareness among students about the various diseases arising from the day-to-day activities of people which could be prevented or managed by controlling the life style. Kerala is indeed a region with huge portion of the population who are suffering from various life style diseases, especially Diabetes. In fact, Kerala is described as the Diabetic capital of India. This suggestion was accepted by the members and decided to start the course at the earliest. The meeting also decided to constitute and call for a Board of Studies meeting to finalize the syllabus

The meeting ended at 11 am.

Members

Signature

1. Dr. R.Sunilkumar(Principal)
2. Dr.S.V.Manoj (IQAC Co-ordinator)
3. Anilraj V (Co-ordinator Certificate Courses)
4. Dr.Ambili S (H.O.D Biochemistry)
5. Dr.Vinod B.S (Dept.levelCourse Co-ordinator)

[Handwritten signatures of Dr. R. Sunilkumar, Dr. S.V. Manoj, Anilraj V, Dr. Ambili S, and Dr. Vinod B.S]

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ASSISTANT PROFESSOR OF BIOCHEMISTRY
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KOLLAM



Minutes of the Board of Studies meeting held on 08/02/21

Venue: Department of Biochemistry

Time: 10.30 am-11.30 am

Agenda: To finalize and approve scheme and syllabus for the certificate course in Life style Disease and their management

Members Present:

Dr.R.Sunilkumar (Principal)

Dr.S.V.Manoj (IQAC Co-ordinator)

Anilraj V (Co-ordinator Certificate Courses)

Dr.Ambili S (H.O.D Biochemistry)

Dr.Vinod B.S (Dept.level Course Co-ordinator)

Dr.Meera Krishna B (External expert): (Research Scientist Jothydev's Diabetes and Research Centre, Thiruvananthapuram)

Dr.Latha B, HOD & Assistant Professor, TKM College, Kollam

Mrs.Ajinza A, Assistant Professor, TKM College, Kollam

Mrs.Soumya S, Assistant Professor, TKM College, Kollam

Dr.Anzil PN, Assistant Professor, TKM College, Kollam

The meeting started at 10.30 am with the introductory remarks from the Principal Dr.R.Sunilkumar. This was followed by the remarks from the IQAC Co-ordinator, Dr.S.V.Manoj and Sri.Anilraj V; General Co-ordinator of the Certificate courses. Dr.Vinod B.S introduced the scheme and syllabus prepared to the board. He explained the syllabus in detail and suggested the inclusion of various important lifestyle diseases relevant to Kerala, including Diabetes mellitus, Atherosclerosis, High Blood pressure, Cancer etc.

The BOS members put forwarded their suggestions regarding the certificate course. They suggested to include some topics like obesity and Metabolic syndrome to the course. He also suggested to include the dietary management for various diseases and medical interventions in diabetes and myocardial infarction.


Dr. Meera Krishna B, Research Scientist from Jothydev's Diabetes and Research Centre, Thiruvananthapuram suggested the inclusion of newer trends in Diabetes treatment and a skill-based training for selected students on clinical trials at the Jothydev's Diabetes and Research Centre.

The Board also suggested some minor changes in the pattern for the examination. The meeting approved the scheme and syllabus with the inclusion of the suggestions from the subject expert. The meeting ended at 11.30am with vote of thanks from Dr.Ambili S, HOD , Biochemistry.

Members

1. Dr.R.Sunilkumar (Principal)
2. Dr.S.V.Manoj (IQAC Co-ordinator)
3. Anilraj V (Co-ordinator Certificate Courses)
4. Dr.Ambili S (H.O.D Biochemistry)
5. Dr.Vinod B.S (Dept.level Course Co-ordinator)
6. Dr.Meera Krishna B :
(Research Scientist Jothydev's Diabetes and Research Centre,
Thiruvananthapuram)

7. Dr.Latha B, HOD & Assistant Professor, TKM College, Kollam
8. Mrs.Ajinza A, Assistant Professor, TKM College, Kollam
9. Mrs.Soumya S, Assistant Professor, TKM College, Kollam
10. Dr.Anzil PN, Assistant Professor, TKM College, Kollam


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Sree Narayana College, Kollam

Re-Accredited by NAAC with "A" Grade

Affiliated to the University of Kerala

Kollam - 691 001, Kerala, S. India

Tel : 0474 - 2741793, Fax : 0474-2766857

website www.snckollam.ac.in e-mail : snckollam@gmail.com

Dr. Sunilkumar R.

M.A, M.Phil., Ph.D

Principal

Mob No.: 9387500997

Email : sunilanena@gmail.com

Date 06-01-2022

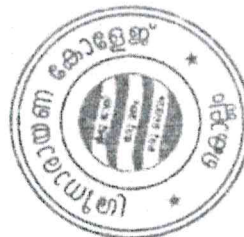
Ref: PL/8056/2022

CERTIFICATE

It is hereby certified that the following faculties have served as members of the Board of Studies for framing the syllabus and curriculum for the certificate course in "Life Style Diseases and their Management" offered by the Department of Biochemistry of this college during the academic year 2020-21.

1. Dr. Vinod B.S, Assistant Professor, Sree Narayana College, Kollam
2. Dr. Ambili S, Assistant Professor, Sree Narayana College, Kollam
3. Dr. Latha B, HoD & Assistant Professor, T.K.M College of Arts & Science, Kollam
4. Mrs. Ajinza A, Assistant Professor, T.K.M College of Arts & Science, Kollam.
5. Mrs. Soumya S, Assistant Professor, T.K.M College of Arts & Science, Kollam.
6. Dr. Ansil P.N, Assistant Professor, T.K.M College of Arts & Science, Kollam
7. Dr. Meera Krishna B: Research Scientist, Jothydev's Diabetes and Research Centre, Thiruvananthapuram

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COORDINATOR DET STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
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Dr. R. Sunilkumar
Principal



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Dr. Sunilkumar R.

M.A, M.Phil, Ph.D

Principal

Mob No.: 9387500997

Email : sunilanena@gmail.com

Date 06-01-2022

Ref: PL/8056/2022

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It is hereby certified that the following faculties have served as members of the Board of Studies for framing the syllabus and curriculum for the certificate course in "Life Style Diseases and their Management" offered by the Department of Biochemistry of this college during the academic year 2020-21

1. Dr. Vinod B.S. Assistant Professor, Sree Narayana College, Kollam
2. Dr. Ambili S. Assistant Professor, Sree Narayana College, Kollam
3. Dr. Latha B, HoD & Assistant Professor, T.K.M College of Arts & Science, Kollam
4. Mrs. Ajinza A, Assistant Professor, T.K.M College of Arts & Science, Kollam
5. Mrs. Soumya S. Assistant Professor, T.K.M College of Arts & Science, Kollam.
6. Dr. Ansil P.N. Assistant Professor, T.K.M College of Arts & Science, Kollam
7. Dr. Meera Krishna B. Research Scientist, Jothydev's Diabetes and Research Centre, Thiruvananthapuram

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KOLLAM



Dr. R. Sunilkumar

Principal

established in 1948

LIST OF STUDENTS APPLIED FOR LIFE STYLE DISEASES AND MANAGEMENT				
SL.NO.	NAME	DEPARTMENT	YEAR	CANDI.CODE
1	Abhinav K S	JOURNALISM	I YEAR	NA
2	Afra.a	BIO-TECH	I YEAR	NA
3	Aishwarya A	BIO-TECH	I YEAR	NA
4	Anfar Firos	BIO-TECH	I YEAR	NA
5	Arathi Nath V S	BIO-TECH	I YEAR	NA
6	Anuja S	BIO-TECH	II YEAR	24719132024
7	Anaina	MATHEMATICS	I YEAR	NA
8	Archana A.R	BIO-TECH	II YEAR	24719132007
9	Athul saju	BIO-TECH	I YEAR	NA
10	Athulya Anil	BIO-TECH	I YEAR	NA
11	Bismi Basheer	BIO-TECH	II YEAR	24719132030
12	Chandhana Shekhar	BIO-TECH	II YEAR	24719132031
13	Chethana.B.S	BIO-TECH	I YEAR	NA
14	Devika s	BIO-TECH	I YEAR	NA
15	Gokul sajeev	BIO-TECH	I YEAR	NA
16	Ila Krishnan	BIO-TECH	II YEAR	24719132034
17	Jannath A	BIO-TECH	I YEAR	NA
18	Jovita Jose	BIO-TECH	I YEAR	NA
19	Muhammed Ibinu A	BIO-TECH	I YEAR	NA
20	Nanda S	BIO-TECH	I YEAR	NA
21	Nijana N	JOURNALISM	I YEAR	NA
22	R Abhirami	BIO-TECH	I YEAR	NA
23	Rahna. U	BIO-TECH	I YEAR	NA
24	Saira salim	BIO-TECH	I YEAR	NA
25	Samaya S M	BIO-TECH	I YEAR	NA
26	Sana Navas	BIO-TECH	I YEAR	NA
27	Sandra S Nath	BIO-TECH	I YEAR	NA
28	Saniga S Kumar	BIO-TECH	II YEAR	24719132038
29	Sarath S	ENGLISH	I YEAR	NA
30	Siji shajan	BIO-TECH	I YEAR	NA
31	Shiji Reji	MATHEMATICS	I YEAR	NA
32	Sreelekshmi S R	BIO-TECH	I YEAR	NA
33	Sreelekshmi.S	BIO-TECH	II YEAR	24719132040
34	Sujitha baby	BIO-TECH	I YEAR	NA
35	Suryalekshmi.S	BIO-TECH	I YEAR	NA
36	Swathy .S	BIO-TECH	I YEAR	NA
37	Zaithoona Shazeem	BIO-TECH	I YEAR	NA

Dr.Ambili.S
HoD


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KOLLAM


Dr.Vinod B.S
Co-ordinator

LIST OF STUDENTS ATTENDED FOR LIFE STYLE DISEASES AND MANAGEMENT			
	Name of the student	Department	Year of study
1	Afra.a	Biotechnology	1st year
2	Aishwarya A	Biotechnology	1st year
3	Anfar Firos	Biotechnology	1st year
4	Arathi Nath V S	Biotechnology	1st year
5	Athulya Anil	Biotechnology	1st year
6	Chethana.B.S	Biotechnology	1st year
7	Devika s	Biotechnology	1 st year
8	Gokul sajeev	Biotechnology	1st year
9	Jovita Jose	Biotechnology	1st year
10	Muhammed Ibinu A	Biotechnology	1st year
11	Nanda S	Biotechnology	1 st year
12	R Abhirami	Biotechnology	1 st year
13	Rahna. U	Biotechnology	1 st year
14	Saira salim	Biotechnology	1 st year
15	Samaya S M	Biotechnology	1st year
16	Sana Navas	Biotechnology	1st year
17	Siji shajan	Biotechnology	1st year
18	Sreelekshmi S R	Biotechnology	1st year
19	Sujitha baby	Biotechnology	1st year
20	Suryalekshmi.S	Biotechnology	1 st year
21	Swathy .S	Biotechnology	1 st year
22	Zaithoona Shazeem	Biotechnology	1st year
23	Saniga S Kumar	Biotechnology	3rd year
24	Archana A.R	Biotechnology	3rd year
25	Bismi Basheer	Biotechnology	3rd year
26	Chandhana Shekhar	Biotechnology	3rd year
27	Ila Krishnan	Biotechnology	3rd year
28	Sreelekshmi.S	Biotechnology	3rd year
29	Sarath S	English	1st year
30	Nijana N	Journalism	1st year
31	Abhinav K S	Journalism	1st year
32	Anuja S	Biotechnology	3rd year
33	Sandra S Nath	Biotechnology	1st year
34	Athul saju	Biotechnology	2nd year
35	Anaina	Mathematics	1st year
36	Shiji Reji	Mathematics	1st year
37	Jannath A	Biotechnology	1st year

Dr.Ambili.S

HoD

Dr.Vinod B.S

Co-ordinator

Ambili S
Principal
Sree Narayana College
Kollam
































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KOLLAM

Name of the student	05.04.21	08.04.21	19.04.21	22.04.21	26.04.21	28.04.21	04.05.21	07.05.21	11.05.21	17.05.21	20.05.21
Afra.a	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Aishwarya A	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Anfar Firos	Present	Present	Present	Absent	Present	Present	Absent	Present	Present	Present	Present
Arathi Nath V S	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Athulya Anil	Present	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present
Chethana.B.S	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Devika s	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Gokul sajeev	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Jovita Jose	Absent	Absent	Absent	Present	Present	Present	Present	Present	Present	Absent	Absent
Muhammed Ibinu A	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nanda S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
R Abhirami	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Rahna. U	Absent	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present
Saira salim	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Samaya S M	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sana Navas	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present	Present
Siji shajan	Present	Present	Absent	Absent	Present	Present	Present	Absent	Present	Present	Present
Sreelekshmi S R	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Sujitha baby	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Suryalekshmi.S	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Swathy .S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Zaithoona Shazeem	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saniga S Kumar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Archana A.R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Bismi Basheer	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Chandhana Shekhar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Ila Krishnan	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sreelekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Sarath S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nijana N	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Abhinav K S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Anuja S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Sandra S Nath	Present	Present	Present	Present	Absent	Present	Present	Absent	Present	Present	Present
Athul saju	Absent	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Anaina	Present	Present	Present	Absent	Present	Present	Present	Absent	Present	Present	Present
Shiji Reji	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Jannath A	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present

Dr. VINOD B.S
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Name of the student	08.03.21	10.03.21	12.03.21	15.03.21	17.03.21	19.03.21	22.03.21	24.03.21	26.03.21	30.03.21
Afra.a	Absent	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Aishwarya A	Present	Present	Absent	Absent	Present	Present	Absent	Absent	Present	Present
Anfar Firos	Present	Present	Present	Absent	Present	Absent	Present	Present	Present	Present
Arathi Nath V S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Athulya Anil	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Chethana.B.S	Absent	Present	Absent	Present	Present	Present	Absent	Absent	Present	Present
Devika s	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Gokul sajeev	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Jovita Jose	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Muhammed Ibinu A	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nanda S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
R Abhirami	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present
Rahna. U	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saira salim	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Samaya S M	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sana Navas	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Siji shajan	Present	Present	Present	Present	Present	Present	Absent	Absent	Present	Present
Sreelekshmi S R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sujitha baby	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Suryalekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Swathy .S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Zaithoona Shazeem	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saniga S Kumar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Archana A.R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Bismi Basheer	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Chandhana Shekhar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Ila Krishnan	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sreelekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sarath S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nijana N	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Abhinav K S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Anuja S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sandra S Nath	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Absent
Athul saju	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Anaina	Absent	Absent	Present	Present	Present	Present	Present	Present	Present	Present
Shiji Reji	Present	Present	Absent	Present	Present	Present	Present	Absent	Present	Present
Jannath A	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present






Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

Name of the student	24.05.21	28.05.21	Attendanc	Signature
Afra.a	Present	Present	86.7	
Aishwarya A	Present	Present	83.3	
Anfar Firos	Present	Present	86.7	
Arathi Nath V S	Present	Present	96.7	
Athulya Anil	Present	Present	86.7	
Chethana.B.S	Present	Present	86.7	
Devika s	Present	Present	90.0	
Gokul sajeev	Present	Present	100.0	
Jovita Jose	Present	Present	80.0	
Muhammed Ibinu A	Absent	Present	96.7	
Nanda S	Present	Present	100.0	
R Abhirami	Present	Present	96.7	
Rahna. U	Present	Present	93.3	
Saira salim	Present	Present	100.0	
Samaya S M	Present	Present	93.3	
Sana Navas	Present	Present	90.0	
Siji shajan	Present	Present	83.3	
Sreelekshmi S R	Absent	Present	93.3	
Sujitha baby	Present	Present	90.0	
Suryalekshmi.S	Present	Present	83.3	
Swathy .S	Present	Present	100.0	
Zaithoona Shazeem	Present	Present	96.7	
Saniga S Kumar	Present	Present	100.0	
Archana A.R	Present	Present	100.0	
Bismi Basheer	Present	Present	93.3	
Chandhana Shekhar	Present	Present	100.0	
Ila Krishnan	Present	Present	96.7	
Sreelekshmi.S	Present	Present	96.7	
Sarath S	Present	Present	96.7	
Nijana N	Present	Absent	96.7	
Abhinav K S	Present	Present	100.0	
Anuja S	Present	Present	96.7	
Sandra S Nath	Present	Present	83.3	
Athul saju	Present	Present	76.7	
Anaina	Present	Present	90.0	
Shiji Reji	Present	Absent	83.3	
Jannath A	Present	Present	93.3	


Dr. VINOD B.S
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE
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Name of the student	Department	Year of study	Signature
1 Afra.a	Biotechnology	1st year	
2 Aishwarya A	Biotechnology	1st year	
3 Anfar Firos	Biotechnology	1st year	
4 Arathi Nath V S	Biotechnology	1st year	
5 Athulya Anil	Biotechnology	1st year	
6 Chethana.B.S	Biotechnology	1st year	
7 Devika s	Biotechnology	1st year	
8 Gokul sajeev	Biotechnology	1st year	
9 Jovita Jose	Biotechnology	1st year	
10 Muhammed Ibinu A	Biotechnology	1st year	
11 Nanda S	Biotechnology	1st year	
12 R Abhirami	Biotechnology	1st year	
13 Rahna. U	Biotechnology	1st year	
14 Saira salim	biotechnology	1st year	
15 Samaya S M	Biotechnology	1st year	
16 Sana Navas	Biotechnology	1st year	
17 Siji shajan	biotechnology	1st year	
18 Sreelekshmi S R	Biotechnology	1st year	
19 Sujitha baby	Biotechnology	1st year	
20 Suryalekshmi.S	Biotechnology	1st year	
21 Swathy .S	biotechnology	1st year	
22 Zaithoona Shazeem	Biotechnology	1st year	
23 SANIGA S KUMAR	Biotechnology	3rd year	
24 ARCHANA.A.R	Biotechnology	3rd year	
25 Bismi BASHEER	Biotechnology	3rd year	
26 CHANDHANA SHEKHAR	Biotechnology	3rd year	
27 ILA KRISHNAN	Biotechnology	3rd year	
28 SREELEKSHMI.S	Biotechnology	3rd year	
29 Sarath S	BA English	1st year	
30 NIJANA N	JOURNALISM	1st year	

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
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31	ABHINAV K S	Journalism	1st year	
32	Anuja S	Biotechnology	3rd year	
33	Sandra S Nath			
34	Athul saju			
35	Anaina	BSc.Maths	1st year	
36	Shiji Reji	Bsc.Maths	1st year	
37	Jannath A	biotechnology	1st year	


 Dr. VINOD B.S
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE
 KOLLAM



Marklist of final exam

Sl.No.	Name of the Student	Score
1	Abhinav K S	30 / 50
2	Afra.a	28 / 50
3	Aishwarya A	38 / 50
4	Anaina A	34 / 50
5	Anfar Firos	26 / 50
6	Anuja.s	32 / 50
7	Arathi Nath V S	42 / 50
8	Archana A R	48 / 50
9	Athul Saiju	30 / 50
10	Athulya Anil	44 / 50
11	Bismi Basheer	42 / 50
12	Chandhana shekhar	42 / 50
13	Chethana B S	44 / 50
14	Devika s	38 / 50
15	Gokul sajeev	24 / 50
16	Ila krishnan	48 / 50
17	Jannath.A	32 / 50
18	Muhammed Ibinu A	38 / 50
19	Nanda S	40 / 50
20	NIJANA. N	40 / 50
21	R Abhirami	40 / 50
22	Rahna. U	44 / 50
23	Saira salim	42 / 50
24	SAMAYA S M	32 / 50
25	Sana Navas	34 / 50
26	SANIGA S KUMAR	50 / 50
27	Sarath S	30 / 50
28	SHIJI REJI	40 / 50
29	Siji Shajan	40 / 50
30	Sreelekshmi S	48 / 50
31	Sreelekshmi. S. R	40 / 50
32	Sujitha. Baby	26 / 50
33	Suryalekshmi.S	20 / 50
34	Swathy. S	34 / 50
35	Zaithoona Shazeem	38 / 50
Absent		
36	Sandra S Nath	
37	Jovita Jose	



Dr.Vinod B.S
Co-ordinator


Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

Marklist of final exam

Sl.No.	Name of the Student	Score	Received certificate
1	Abhinav K S	30 / 50	
2	Afra.a	28 / 50	
3	Aishwarya A	38 / 50	
4	Anaina A	34 / 50	
5	Anfar Firos	26 / 50	
6	Anuja.s	32 / 50	
7	Arathi Nath V S	42 / 50	
8	Archana A R	48 / 50	
9	Athul Saju	30 / 50	
10	Athulya Anil	44 / 50	
11	Bismi Basheer	42 / 50	
12	Chandhana shekhar	42 / 50	
13	Chethana B S	44 / 50	
14	Devika s	38 / 50	
15	Gokul sajeev	24 / 50	
16	Ila krishnan	48 / 50	
17	Jannath.A	32 / 50	
18	Muhammed Ibinu A	38 / 50	
19	Nanda S	40 / 50	
20	NIJANA. N	40 / 50	
21	R Abhirami	40 / 50	
22	Rahna. U	44 / 50	
23	Saira salim	42 / 50	
24	SAMAYA S M	32 / 50	
25	Sana Navas	34 / 50	
26	SANIGA S KUMAR	50 / 50	
27	Sarath S	30 / 50	
28	SHIJI REJI	40 / 50	
29	Siji Shajan	40 / 50	
30	Sreelekshmi S	48 / 50	
31	Sreelekshmi. S. R	40 / 50	
32	Sujitha. Baby	26 / 50	
33	Suryalekshmi.S	20 / 50	
34	Swathy. S	34 / 50	
35	Zaithoona Shazeem	38 / 50	
Absent			
36	Sandra S Nath		
37	Jovita Jose		


Dr. Vinod B.S
Co-ordinator


Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

**LIST OF TEACHERS HANDLED CLASSES FOR
THE CERTIFICATE COURSE
IN
LIFE STYLE DISEASES AND THEIR MANAGEMENT**

- 1. Dr.Vinod B.S :** Assistant professor, Dept. of Biochemistry
- 2. Dr. Meera Krishna:** Scientist , Jyothy Dev Diabetic Research Centre



Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
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Received
Rajesh

CERTIFICATE

This is to certify that Mr./Ms./Mrs. Rahna. U.....

Reg. No. 24720132048..... Department of Botany & Biotechnology.... has successfully
completed certificate course in h.f.s.tyle..... disease..... management.....

..... during September 2020 to May..... 2021.

COURSE CO-ORDINATOR

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME



PRINCIPAL



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Mrs. SAJI. R. JI.....

Reg. No. 22220132052..... Department of MATHEMATICS..... has successfully
completed certificate course in LIFE SCIENCE AND THEIR MANAGEMENT.....
(BIOCHEMISTRY).....

..... during SEPTEMBER, 2020 to MAY..... 2021.

COURSE CO-ORDINATOR

Dr. VINOD B.S.
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Mrs./Ms. A.BHINAV . K.S

Reg. No. 99505 Department of TOURNAISM & MASS COMM has successfully

completed certificate course in LIFE STYLE DISEASE : BIOCHEMISTRY

..... during SEPTEMBER 2020 to MAY 2021.



COURSE CO-ORDINATOR

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE

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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. N. IJANA. N......

Reg. No. 98943..... Department of JOURNALISM & MASS COMM..... has successfully

completed certificate course in LIFE STYLE DISEASE : BIOCHEMISTRY.....

..... during SEPTEMBER. 2020 to MAY..... 2021.

COURSE CO-ORDINATOR
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE



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CERTIFICATE

This is to certify that Mr./Ms./Mrs. CHANDRHANA SHEKHAR.....
Reg. No. 24.71.913.2031..... Department of B.Sc. BOTANY AND BIOTECHNOLOGY. has successfully
completed certificate course in APPLIED DISEASES.....
.....
..... during SEPTEMBER 2020 to MAY 2021.

COURSE CO-ORDINATOR

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
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Principal



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. J.A. KRISHNAN.....

Reg. No. 2019132034..... Department of B.Sc. BOTANY AND BIOTECHNOLOGY has successfully

completed certificate course in AFFESTIVE DISEASES.....

..... during SEPTEMBER 2020 to MAY 2021.



COURSE CO-ORDINATOR

DR. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE

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Faculty



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that *Mr./Ms./Mrs.* R. Abhirami.....
Reg. No. 241.20.132.037..... Department of Botany and Biotechnology has successfully
completed certificate course in Life style diseases and their management.....

..... during September..... 2020 to May..... 2021.

COURSE COORDINATOR
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM



Received in
R. Abhirami

PRINCIPAL



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(Accredited by NAAC Grade 'A')

(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that *Mrs. / Ms. Saira Salim*.....
 Reg. No. *24120132015* Department of *Botany & Biotechnology* has successfully
 completed certificate course in *Life style diseases and their*.....
management.....
 during *September 2020 to May*..... 2021.

[Signature]

COURSE CO-ORDINATOR
Dr. Vinod B.S
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE



[Signature]

PRINCIPAL

Received. *Saira Salim*



Sree Narayana College, Kollam

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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. *Sana Navas*.....

Reg. No. *241.20.122.039*... Department of *Botany and Biotechnology* has successfully completed certificate course in *Life style diseases and their management*.....

..... during *September 2020 to May 2021*.....

COURSE CO-ORDINATOR
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE
 KOLLAM



PRINCIPAL

RECEIVED :-

Approved
Principal



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. *A.R.C.H.A.N.A. A. R.*.....
Reg. No. *24719132007*..... Department of *Bsc. BOTANY AND BIOTECHNOLOGY* has successfully
completed certificate course in *LIFESTYLE DISEASES*.....
.....
..... during *SEPTEMBER 2020 to MAY 2021*.

COURSE COORDINATOR
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
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CERTIFICATE

This is to certify that Mr./Ms./Mrs. *A.NUJIA S*.....

Reg. No. *2019132024*..... Department of *B.Sc. BOTANY AND BIOTECHNOLOGY* has successfully

completed certificate course in *LIFESTYLE DISEASES*.....

..... during *SEPTEMBER 2020 to MAY 2021*.



[Signature]

COURSE CO-ORDINATOR

DR. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
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[Signature]



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that *Mr./Mrs. JANNATH A*.....

Reg. No. *24720132013*..... Department of *Botany & Biotechnology* has successfully

completed certificate course in *Life style diseases and their*.....

Management.....

..... during *September 2020 to May*.....2021.



[Signature]

COURSE CO-ORDINATOR
B. VINOD B S
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE

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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. *AFRA.A*.....
 Reg. No. *24720132019*..... Department of *Botany & Biotechnology* has successfully
 completed certificate course in *Life Style diseases and their*.....
Management.....
 during *September* 2020 to *May* 2021.

COURSE COORDINATOR
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs.....ARATHI NATH.V.S.....

Reg. No. ..24720132007..... Department of ..B.Sc.. BOTANY & BIOTECHNOLOGY has successfully completed certificate course in...LIFE.....DISEASES.....AND.....ITS.....MANAGEMENT.....

.....during ..SEPTEMBER...2020 toMAY.....2021.



COURSE CO-ORDINATOR

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE, KOLLAM

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CERTIFICATE

This is to certify that *Mt./Ms. BISMIL BASHEER*.....

Reg. No. *24719132030*..... Department of *B.S. BOTANY & BIOTECHNOLOGY*... has successfully

completed certificate course in *LIFE STYLE..... DISEASES AND THEIR MANAGEMENT*.....

.....

..... during *SEPTEMBER..... 2020 to MAY..... 2021*.

COURSE COORDINATOR
 COORDINATOR, DBT STAR COLLEGE SCHEME
 ASSISTANT PROFESSOR OF BIOCHEMISTRY
 SREE NARAYANA COLLEGE
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PRINCIPAL

Bismil Basheer
 BISMIL BASHEER



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Mrs. *Muhammed Ibinu A*
Reg. No. *24.72.0132.035*..... Department of *B.Sc. Botany & Biotechnology* has successfully
completed certificate course in *life style diseases and its management*.....
..... during September 2020 to May 2021.

COURSE CO-ORDINATOR
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE



PRINCIPAL



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs.....*Siji Shajan*.....
Reg. No. ...*24.720132041*..... Department of...*Botany & Biotechnology*... has successfully
completed certificate course in.....*Lifescycle disease*.....
.....
..... during*September 2020 to May*.....2021.

Sreed

COURSE CO-ORDINATOR
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE



82

PRINCIPAL



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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. *Nanda S*
Reg. No. *24720132036*..... Department of *Botany & Biotechnology* has successfully
completed certificate course in *Life style & disease management*.....

..... during *September 2020 to May*..... 2021.

COURSE CO-ORDINATOR
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
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(ATAL 'A' Band Institution)

CERTIFICATE

This is to certify that Mr./Ms./Mrs. S.A.N.I.G.A. S. KUMAR.....

Reg. No. 24719132038..... Department of B.Sc. Botany And. Biotechnology.... has successfully

completed certificate course in..... B.I.F.E.S.T.Y.E. P.I.S.F.A.S.E.S......

..... during 2020 to 2021.



COURSE CO-ORDINATOR
Dr. VINOD B.S.

COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE

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CERTIFICATE

This is to certify that Mr./Ms./Mrs. *S.R.K.K.K.K.S.H.M.I.S*.....
Reg. No. *24.1.91.32.040*..... Department of *B.Sc. Botany And Biotechnology*..... has successfully
completed certificate course in..... *L.I.F.F. STYLE..... D.I.S.E.A.S.E.S*.....
.....
..... during 2020 to 2021.

COURSE CO-ORDINATOR

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE



PRINCIPAL

LIST OF STUDENTS APPLIED FOR LIFE STYLE DISEASES AND MANAGEMENT

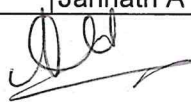
SL.NO.	NAME	DEPARTMENT	YEAR	CANDI.CODE
1	Abhinav K S	JOURNALISM	I YEAR	NA
2	Afra.a	BIO-TECH	I YEAR	NA
3	Aishwarya A	BIO-TECH	I YEAR	NA
4	Anfar Firos	BIO-TECH	I YEAR	NA
5	Arathi Nath V S	BIO-TECH	I YEAR	NA
6	Anuja S	BIO-TECH	II YEAR	24719132024
7	Anaina	MATHEMATICS	I YEAR	NA
8	Archana A.R	BIO-TECH	II YEAR	24719132007
9	Athul saju	BIO-TECH	I YEAR	NA
10	Athulya Anil	BIO-TECH	I YEAR	NA
11	Bismi Basheer	BIO-TECH	II YEAR	24719132030
12	Chandhana Shekhar	BIO-TECH	II YEAR	24719132031
13	Chethana.B.S	BIO-TECH	I YEAR	NA
14	Devika s	BIO-TECH	I YEAR	NA
15	Gokul sajeev	BIO-TECH	I YEAR	NA
16	Ila Krishnan	BIO-TECH	II YEAR	24719132034
17	Jannath A	BIO-TECH	I YEAR	NA
18	Jovita Jose	BIO-TECH	I YEAR	NA
19	Muhammed Ibinu A	BIO-TECH	I YEAR	NA
20	Nanda S	BIO-TECH	I YEAR	NA
21	Nijana N	JOURNALISM	I YEAR	NA
22	R Abhirami	BIO-TECH	I YEAR	NA
23	Rahna. U	BIO-TECH	I YEAR	NA
24	Saira salim	BIO-TECH	I YEAR	NA
25	Samaya S M	BIO-TECH	I YEAR	NA
26	Sana Navas	BIO-TECH	I YEAR	NA
27	Sandra S Nath	BIO-TECH	I YEAR	NA
28	Saniga S Kumar	BIO-TECH	II YEAR	24719132038
29	Sarath S	ENGLISH	I YEAR	NA
30	Siji shajan	BIO-TECH	I YEAR	NA
31	Shiji Reji	MATHEMATICS	I YEAR	NA
32	Sreelekshmi S R	BIO-TECH	I YEAR	NA
33	Sreelekshmi.S	BIO-TECH	II YEAR	24719132040
34	Sujitha baby	BIO-TECH	I YEAR	NA
35	Suryalekshmi.S	BIO-TECH	I YEAR	NA
36	Swathy .S	BIO-TECH	I YEAR	NA
37	Zaitheona Shazeem	BIO-TECH	I YEAR	NA


Dr.Ambili.S
HoD

Dr.Vinod B.S
Co-ordinator

Dr. VINOD B.S
COORDINATOR, DBT STAR COLLEGE SCHEME
ASSISTANT PROFESSOR OF BIOCHEMISTRY
SREE NARAYANA COLLEGE
KOLLAM

LIST OF STUDENTS ATTENDED FOR LIFE STYLE DISEASES AND MANAGEMENT			
	Name of the student	Department	Year of study
1	Afra.a	Biotechnology	1st year
2	Aishwarya A	Biotechnology	1st year
3	Anfar Firos	Biotechnology	1st year
4	Arathi Nath V S	Biotechnology	1st year
5	Athulya Anil	Biotechnology	1st year
6	Chethana.B.S	Biotechnology	1st year
7	Devika s	Biotechnology	1 st year
8	Gokul sajeev	Biotechnology	1st year
9	Jovita Jose	Biotechnology	1st year
10	Muhammed Ibinu A	Biotechnology	1st year
11	Nanda S	Biotechnology	1 st year
12	R Abhirami	Biotechnology	1 st year
13	Rahna. U	Biotechnology	1 st year
14	Saira salim	Biotechnology	1 st year
15	Samaya S M	Biotechnology	1st year
16	Sana Navas	Biotechnology	1st year
17	Siji shajan	Biotechnology	1st year
18	Sreelekshmi S R	Biotechnology	1st year
19	Sujitha baby	Biotechnology	1st year
20	Suryalekshmi.S	Biotechnology	1 st year
21	Swathy .S	Biotechnology	1 st year
22	Zaithoona Shazeem	Biotechnology	1st year
23	Saniga S Kumar	Biotechnology	3rd year
24	Archana A.R	Biotechnology	3rd year
25	Bismi Basheer	Biotechnology	3rd year
26	Chandhana Shekhar	Biotechnology	3rd year
27	Ila Krishnan	Biotechnology	3rd year
28	Sreelekshmi.S	Biotechnology	3rd year
29	Sarath S	English	1st year
30	Nijana N	Journalism	1st year
31	Abhinav K S	Journalism	1st year
32	Anuja S	Biotechnology	3rd year
33	Sandra S Nath	Biotechnology	1st year
34	Athul saju	Biotechnology	2nd year
35	Anaina.	Mathematics	1st year
36	Shiji Reji	Mathematics	1st year
37	Jannath A	Biotechnology	1st year


Dr.Ambili.S
HoD


Dr.Vinod B.S
Co-ordinator

Dr. VINOD B.S
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KOLLAM


	Name of the student	11.02.21	12.02.21	15.02.21	16.02.21	17.02.21	24.02.21	04.03.21
1	Afra.a	Present	Present	Absent	Present	Present	Present	Present
2	Aishwarya A	Present	Present	Present	Present	Present	Present	Present
3	Anfar Firos	Present	Present	Present	Present	Present	Present	Present
4	Arathi Nath V S	Present	Present	Present	Present	Present	Present	Present
5	Ahulya Anil	Present	Present	Present	Present	Present	Present	Present
6	Chethana B.S	Present	Present	Present	Present	Present	Present	Present
7	Devika s	Present	Present	Present	Present	Present	Present	Present
8	Gokul sajeev	Present	Present	Present	Present	Present	Present	Present
9	Jovita Jose	Present	Present	Present	Present	Present	Present	Present
10	Muhammed Ibinu A	Present	Present	Present	Present	Present	Present	Present
11	Nanda S	Present	Present	Present	Present	Present	Present	Present
12	R Abhirami	Present	Present	Present	Present	Present	Present	Present
13	Rahna. U	Present	Present	Present	Present	Present	Present	Present
14	Saira salim	Present	Present	Present	Present	Present	Present	Present
15	Samaya S M	Present	Present	Absent	Absent	Present	Present	Present
16	Sana Navas	Present	Present	Present	Present	Present	Present	Present
17	Siji shajan	Present	Present	Present	Present	Present	Present	Present
18	Sreelekshmi S R	Present	Present	Present	Present	Present	Present	Present
19	Sujitha baby	Present	Present	Present	Present	Absent	Present	Present
20	Suryalekshmi.S	Present	Absent	Present	Present	Present	Absent	Absent
21	Swathy .S	Present	Present	Present	Present	Present	Present	Present
22	Zailhoona Shazeem	Present	Present	Present	Present	Present	Present	Present
23	Saniga S Kumar	Present	Present	Present	Present	Present	Present	Present
24	Archana A.R	Present	Present	Present	Present	Present	Present	Present
25	Bismi Basheer	Present	Present	Present	Present	Present	Present	Present
26	Chandhana Shekhar	Present	Present	Present	Present	Present	Present	Present
27	Ila Krishnan	Present	Present	Present	Present	Present	Present	Present
28	Sreelekshmi.S	Present	Present	Present	Present	Present	Present	Present
29	Sarath S	Present	Present	Present	Present	Absent	Present	Present
30	Nijana N	Present	Present	Present	Present	Present	Present	Present
31	Abhinav K S	Present	Present	Present	Present	Present	Present	Present
32	Anuja S	Present	Present	Present	Present	Present	Present	Present
33	Sandra S Nath	Present	Absent	Present	Present	Present	Absent	Present
34	Athul saju	Present	Absent	Present	Present	Present	Absent	Present
35	Anaina	Present	Present	Present	Present	Present	Present	Present
36	Shiji Reji	Present	Present	Absent	Present	Present	Present	Present
37	Jannath A	Present	Present	Present	Present	Present	Present	Present

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Name of the student	08.03.21	10.03.21	12.03.21	15.03.21	17.03.21	19.03.21	22.03.21	24.03.21	26.03.21	30.03.21
Afra.a	Absent	Present	Present	Absent	Present	Present	Present	Absent	Present	Present
Aishwarya A	Present	Present	Absent	Absent	Present	Present	Absent	Absent	Present	Present
Anfar Firos	Present	Present	Present	Absent	Present	Absent	Present	Present	Present	Present
Arathi Nath V S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Athulya Anil	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Chethana.B.S	Absent	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Devika s	Present	Present	Absent	Present	Present	Present	Absent	Absent	Present	Present
Gokul sajeev	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Jovita Jose	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Muhammed Ibinu A	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nanda S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
R Abhirami	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present
Rahna. U	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saira salim	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Samaya S M	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sana Navas	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Siji shajan	Present	Present	Present	Present	Present	Present	Absent	Absent	Present	Present
Sreelekshmi S R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sujitha baby	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Suryalekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Swathy .S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Zailhoona Shazeem	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saniga S Kumar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Archana A.R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Bismi Basheer	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Chandhana Shekhar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Ila Krishnan	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sreelekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sarath S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nijana N	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Abhinav K S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Anuja S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sandra S Nath	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present
Athul saju	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Absent
Anaina	Absent	Absent	Present	Present	Present	Present	Present	Present	Present	Present
Shiji Reji	Present	Present	Absent	Present	Present	Present	Present	Absent	Present	Present
Jannath A	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present

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Name of the student	05.04.21	08.04.21	19.04.21	22.04.21	26.04.21	28.04.21	04.05.21	07.05.21	11.05.21	17.05.21	20.05.21
Afra.a	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Aishwarya A	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Anfar Firoz	Present	Present	Present	Absent	Present	Present	Absent	Present	Present	Present	Present
Arathi Nath V S	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Athulya Anil	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Chethana.B.S	Present	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present
Devika s	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Gokul sajeev	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Jovita Jose	Absent	Absent	Absent	Present	Present	Present	Present	Present	Present	Absent	Absent
Muhammed Ibinu A	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nanda S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
R Abhirami	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Rahna. U	Absent	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present
Saira sailm	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Samaya S M	Present	Present	Present	Present	Present	Absent	Absent	Present	Present	Present	Present
Sana Navas	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Siji shajan	Present	Present	Absent	Absent	Present	Present	Present	Absent	Present	Present	Present
Sreelekshmi S R	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Sujitha baby	Present	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Absent
Suryalekshmi.S	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present	Present
Swathy .S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Zaihoona Shazeem	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Saniga S Kumar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Archana A.R	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Bismi Basheer	Present	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present
Chandhana Shekhar	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Ila Krishnan	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Absent
Sreelekshmi.S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Sarath S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Nijana N	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present
Abhinav K S	Present	Present	Present	Present	Present	Present	Present	Present	Present	Present	Absent
Anuja S	Present	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Sandra S Nath	Present	Present	Present	Present	Absent	Present	Present	Absent	Absent	Present	Present
Athul salu	Absent	Present	Present	Present	Present	Present	Present	Absent	Present	Present	Present
Anaina	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present
Shiji Reji	Present	Present	Present	Present	Absent	Present	Present	Present	Present	Present	Present
Jannath A	Present	Present	Absent	Present	Present	Present	Present	Present	Present	Present	Present


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Name of the student	24.05.21	26.05.21	Attendance %	Signature
Afra a	Present	Present	86.7	
Aishwarya A	Present	Present	83.3	
Anfar Firos	Present	Present	86.7	
Arathi Nath V S	Present	Present	96.7	
Athulya Anil	Present	Present	86.7	
Chethana.B.S	Present	Present	86.7	
Devika s	Present	Present	90.0	
Gokul sajeev	Present	Present	100.0	
Jovita Jose	Present	Present	80.0	
Muhammed Ibinu A	Absent	Present	96.7	
Nanda S	Present	Present	100.0	
R Abhirami	Present	Present	96.7	
Rahna. U	Present	Present	93.3	
Saira salim	Present	Present	100.0	
Samaya S M	Present	Present	93.3	
Sana Navas	Present	Present	90.0	
Siji shajan	Present	Present	83.3	
Sreelekshmi S R	Absent	Present	93.3	
Sujitha baby	Present	Present	90.0	
Suryalekshmi.S	Present	Present	83.3	
Swathy S	Present	Present	100.0	
Zaihoona Shazeem	Present	Present	96.7	
Saniga S Kumar	Present	Present	100.0	
Archana A.R	Present	Present	100.0	
Bismi Basheer	Present	Present	93.3	
Chandhana Shekhar	Present	Present	100.0	
Ila Krishnan	Present	Present	96.7	
Sreelekshmi.S	Present	Present	96.7	
Sarath S	Present	Present	96.7	
Nijana N	Present	Absent	96.7	
Abhinav K S	Present	Present	100.0	
Anuja S	Present	Present	96.7	
Sandra S Nath	Present	Present	83.3	
Athul saju	Present	Present	76.7	
Anaina	Present	Present	90.0	
Shiji Reji	Present	Absent	83.3	
Jannath A	Present	Present	93.3	


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