

**Sree Narayana College, Kollam**

**Department of Malayalam**

**Report on Navarasam seminar**

The Malayalam Department of Sree Narayana College, Kollam provided an opportunity to learn and enjoy the methodology of Navarasam, which is the basis for the enjoyment of Indian visual arts. Not only in art but also due to circumstances, the moods that arise in the mind are divided into nine categories. Narayana Chakyar lead a Navrasa Sodaharana study class on 07.06.2021, 3 Pm that encapsulated the Navarasams of Shringaram, Hasyam, Karunam, Raudram, Veeram, Bhayanakam, Bibhatsam, Adbhutam and Shantham with body movements and facial expressions.

*Neelakrishnan*  
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