



## UNNAT BHARAT ABHIYAN

SREE NARAYANA COLLEGE, KOLLAM

### PROGRESS REPORT

**MAY** 2020

**UBA Coordinator's Name:** Dr. Vilash V, Dr. Dr. Rijith S

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**Phone Number:** 9400677596, 94955 38668

Sr. No.	ADOPTED VILLAGES	TALUKA(Block)	DISTRICT
1	Chavara	Karunagappally	KOLLAM
2	Karunagapally		
3	Panmana		
4	Thekkumbhagam		
5	Thevalakkara.		

#### List of Activities:

##### ACTIVITY 1:

**Title of the Activity:** A UBA cell has been constituted in the Participating Institute, including eight Assistant professors and 15 student volunteers.

**Need of the Activity:** Conducting the smooth functioning of UBA activities in the Participating Institute.

**Brief Description (Need/Impact/Action/Picture (if any)):** meetings were conducted to discuss the future plans for carrying out further UBA activities.

##### ACTIVITY 2:

**Title of the Activity:** Preliminary visit to the Chavara Village.

**Need of the Activity:** Identification of key persons from the Chavara Village for knowledge input.

**Brief Description (Need/Impact/Action/Picture (if any)):** A preliminary one-day visit has been conducted by the members of UBA cell along with the selected UBA student volunteers to Chavara Village Villages

**Next action plan:**

Sr. No.	Activity to be conducted(along with reason)
1	Preliminary visit to the Karunagapally Village- Identification of key persons
2	Preliminary visit to the Panmana Village- Identification of key persons
3	Preliminary visit to the Thekkumbhagam and Thevalakkara Villages- Identification of key persons



## UNNAT BHARAT ABHIYAN

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**JUNE** 2020

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1	Chavara	Karunagapally	KOLLAM
2	Karunagapally		
3	Panmana		
4	Thekkumbhagam		
5	Thevalakkara.		

#### List of Activities:

##### ACTIVITY 1:

**Title of the Activity:** Preliminary visit to the Karunagapally Village

**Need of the Activity:** Identification of key persons from the Karunagapally Village for knowledge input.

**Brief Description (Need/Impact/Action/Picture (if any)):** A preliminary one-day visit has been conducted by the members of UBA cell along with the selected UBA student volunteers to Karunagapally Village.

##### ACTIVITY 2:

**Title of the Activity:** Preliminary visit to the Panmana Village

**Need of the Activity:** Identification of key persons from the Panmana village for knowledge input.

**Brief Description (Need/Impact/Action/Picture (if any)):** A preliminary one-day visit has been conducted by the members of UBA cell along with the selected UBA student volunteers to Panmana Village

##### ACTIVITY 3:

**Title of the Activity:** Preliminary visit to the Thekkumbhagam and Thevalakkara Villages.

**Need of the Activity:** Identification of key persons from the Thekkumbhagam and Thevalakkara Villages for knowledge input.

**Brief Description (Need/Impact/Action/Picture (if any)):** A preliminary one-day visit has been conducted by the members of UBA cell along with the selected UBA student volunteers to Thekkumbhagam and Thevalakkara Villages.

**Next action plan:**

<b>Sr. No.</b>	<b>Activity to be conducted(along with reason)</b>
<b>1</b>	<b>Distributing face masks and hand sanitizers to the Chavara Village- Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.</b>
<b>2</b>	<b>Distributing face masks and hand sanitizers to the Karunagapally Village- Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.</b>
<b>3</b>	<b>Distributing face masks and hand sanitizers to the Panmana Village- Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.</b>



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**JULY** 2020

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2	Karunagapally		
3	Panmana		
4	Thekkumbhagam		
5	Thevalakkara.		

#### List of Activities:

##### ACTIVITY 1:

Title of the Activity: Distributing masks and hand sanitizers to the Chavara Village.

Need of the Activity: Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.

Brief Description (Need/Impact/Action/Picture (if any)): A team of members from the college UBA cell has visited the Chavara Village and handover the masks and hand sanitizer to ward members for distributing in their wards. The team members have also given a printed notice in local language for the easy method for preparing hand sanitizers.

##### ACTIVITY 2:

Title of the Activity: Distributing face masks and hand sanitizers to the Karunagapally Village

Need of the Activity: Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.

Brief Description (Need/Impact/Action/Picture (if any)): A team of members from the college UBA cell has visited the Karunagapally Village and handover the masks and hand sanitizer to ward members for distributing in their wards. The team members have also given a printed notice in local language for the easy method for preparing hand sanitizers.

### **ACTIVITY 3:**

**Title of the Activity: Distributing face masks and hand sanitizers to the Panmana Village**

**Need of the Activity** Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.

**Brief Description (Need/Impact/Action/Picture (if any)):** A team of members from the college UBA cell has visited the Panmana y Village and handover the masks and hand sanitizer to ward members for distributing in their wards. The team members have also given a printed notice in local language for the easy method for preparing hand sanitizers.

**Next action plan:**

<b>Sr. No.</b>	<b>Activity to be conducted(along with reason)</b>
<b>1</b>	<b>Distributing face masks and hand sanitizers to the Thekkumbhagam Village- Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.</b>
<b>2</b>	<b>Distributing face masks and hand sanitizers to the Thevalakkara Village- Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.</b>



## UNNAT BHARAT ABHIYAN

### SREE NARAYANA COLLEGE, KOLLAM

#### PROGRESS REPORT

**AUGUST** 2020

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1	Chavara	Karunagapally	KOLLAM
2	Karunagapally		
3	Panmana		
4	Thekkumbhagam		
5	Thevalakkara.		

#### List of Activities:

##### ACTIVITY 1:

**Title of the Activity:** Distributing masks and hand sanitizers to the Thekkumbhagam Village.

**Need of the Activity:** Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.

**Brief Description (Need/Impact/Action/Picture (if any)):** A team of members from the college UBA cell has visited the Thekkumbhagam Village and handover the masks and hand sanitizer to ward members for distributing in their wards. The team members have also given a printed notice in local language for the easy method for preparing hand sanitizers.

##### ACTIVITY 2:

**Title of the Activity:** Distributing masks and hand sanitizers to the Thevalakkara. Village

**Need of the Activity:** Aware the people about the importance of sanitary measures to protecting ourselves and each other from the spread of pandemic Covid 19.

**Brief Description (Need/Impact/Action/Picture (if any)):** A team of members from the college UBA cell has visited the Thevalakkara. Village and handover the masks and hand sanitizer to ward members for distributing in their wards. The team members have also given a printed notice in local language for the easy method for preparing hand sanitizers.

**Next action plan:**

<b>Sr. No.</b>	<b>Activity to be conducted(along with reason)</b>
<b>1</b>	Identification of medicinal plants with immunoenhancing capacity- to prepare medicinal plant seedling with immunoenhancing capacity
<b>2</b>	Preparation of medicinal plant seedlings – to distribute the medicinal plants with immunomodulatory to the five adopted villages



## UNNAT BHARAT ABHIYAN

SREE NARAYANA COLLEGE, KOLLAM

PROGRSS REPORT

**SEPTEMBER**, 2020

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2	Karunagapally		
3	Panmana		
4	Thekkumbhagam		
5	Thevalakkara.		

### List of Activities:

#### ACTIVITY 1:

Title of the Activity: Identification of medicinal plants with immunoenhancing capacity.

Need of the Activity: to prepare medicinal plant seedling with immunoenhancing capacity to distribute in adopted villages

Brief Description (Need/Impact/Action/Picture (if any)): Based on the literature survey and traditional knowledge, some medicinal plants with immunomodulatory activity has been selected for the preparation of their saplings. Their propagation methods were studied and seeds are collected for the preparation of their saplings.

#### ACTIVITY 2:

Title of the Activity: Preparation of medicinal plant seedlings

Need of the Activity: – To distribute the medicinal plants with immunomodulatory to the five adopted villages for enhancing the general immunoenhancing capacity of the people.

Brief Description (Need/Impact/Action/Picture (if any)): With the help of UBA volunteer's, seedlings of medicinal plants like *Neem*, *Nigella sativa* etc has been grown in the college campus for the distribution in the adopted villages.



**Next action plan:**

<b>Sr. No.</b>	<b>Activity to be conducted(along with reason)</b>
<b>1</b>	<b>Distribution of medicinal saplings in the adopted villages- aware about the importance of medicinal plants in enhancing immunity.</b>
<b>2</b>	<b>Distributing House hold survey form to ward members and Kudumbashree units- Conducting primary survey and secondary data collection</b>