

SREE NARAYANA COLLEGE KOLLAM

Palliative Club

Activity Report

2019-20

Palliative Club

(2019-2020)

Sree Narayana College, Kollam having an active Students Palliative Club with NSS Unites, as part of enhancing its community outreach activities. Under the club our college students will tend to terminally ill patients and those suffering from acute illness and mental agony. Besides popularising palliative care among the student community, the palliative clubs will be entrusted with assisting in the rehabilitation of patients and participating in other palliative care activities within communities.

Our Palliative club is associated with Pain and Palliative Care Trust, Kollam, an active organization working in our District. The Trust was established in the year 2007 at a time when the extreme deficiency of Palliative Care Service was not in the mind of either governmental or private Sociologists, humanists or philanthropists so much so its birth was felt need for those patients who was in the terminal stage of their life as consequent to dreadful diseases and

devastating complications, drug reactions after chemotherapy, and radiation treatment, and has undergone unimaginable sufferings.

The club has its activities were done in association with NSS units in our College. In the academic year 2019-20, various activities were done with the help of NSS volunteers and other club members. The organization of the club :

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| Dr. N. Ratheesh (Assistant Professor, Botany) | Coordinator |
| Dr. Archa Arun (Assistant Professor, Politics) | Member |
| Miss. Jissa (Assistant Professor, Politics) | Member |
| Miss. Chinnu Chandran (Assistant Professor English) | Member |
| Dr. Sumesh (Assistant Professor of Chemistry) | Member |
| Dr. Vivek (Assistant Professor of Chemistry) | Member |

The following activities are organized and implemented in the academic year

1. Orientation Programme on Palliative activities

An orientation programme on palliative activities were carried out in association with Pain and Palliative care Society Kollam on 12 December 2019 at S23 seminar hall. The programme was conducted in association with NSS students and palliative club members. The programme inaugurated by Our Principal Dr. Sunilkumar R sir. Programme coordinators Mrs. Jissa teacher and Dr. Rijith Sir were present. Mr. Lekshmi Narayanan Coordinator, Pain and Palliative care Society Kollam taken the class. Mrs. Kusumam teacher familiarised the palliative activities to students



Orientation Programme on Palliative activities

2. Meeting with experts in Palliative Care

A meeting with experts in the Pain and Palliative care Society Kollam were carried out on 22, January 2020 in our College, Club Coordinator, Dr N Ratheesh and club members Dr. Archa Arun, Miss, Jissa, Mrs. Chinnu Chandran, Dr Sumesh and Dr. Vivek were present and interact with the experts from the Pain and Palliative care Society Kollam . The main aim of the meeting was, how the students can participate the palliative activities in associated with the Trust. Mr. Lekshminarayanan, Miss. Lekshmi, Kusumum Teacher and Mr. Yesudas were present in the occasion





Meeting with experts

3. Awareness Programme on Palliative care Activities

An orientation programme on Palliative activities for students was organized and conducted in association with Pain and Palliative care Society Kollam on February 07, 2020. The programme was started with a prayer by our NSS volunteers and inaugurated by the Principal Dr. R. Sunilkumar, welcomed by the club coordinator, Dr. N. Ratheesh. Felicitation was done by Dr. Arch Arun. Awareness classes were carried out by Dr. Chithra and Kusumam Teacher of Pain and Palliative care Society Kollam. Vote of thanks were delivered by Dr. Vivek. Seventy five NSS Volunteers and club members were participated in the occasion.







4. Charity Box Installation

For the charity activities, a Charity box was installed in our college to collect financial contribution from faculty and students. The contributions were disbursed through the Trust. Every month representatives were come and collect the amount and distributed the needy



Due to the pandemic COVID 19, the club could not conduct activities like Home visit, patient visit etc.

Students Represented in the club

Aaisha Babu

Abhinav

Amritha Raj

Sreenath

Nijin Vijay

Anooj

Saithali N

Nithin

Pradheep

Vipin

Kannan

Saju

Rineesh

Vyshnavi

Anandhu

Abhirami

Rahul

Devika

Aadhikrishnan

Arunima

Sanal

Proposed Activities in the academic year 2020-2021

1. Conduct home visits in association with Palliative Care Trust Kollam
2. Awareness programme were organized for new comers
3. Provide volunteer help for COVID 19 and other needy patients