

NSS ANNUAL REPORT 2015 - 2016

The National Service Scheme units of Sree Narayana College, Kollam is having a long and successful history in the service of humanity and personality development of the volunteers. We have got a proud list of alumni successfully serving the nation in various strata of the society and government. We have got an alumni association called NASVO4. Our units implemented sustainable projects in tune with the directions from the Government of India and University of Kerala. In the implementations of Social Forestry projects in and around Kollam, the NSS units of Sree Narayana College, Kollam had done the lion share. As far as the College beautification is concerned it was a challenge to our units to keep the 27 acres campus up to the mark. But by the tremendous, tedious and continuous efforts of our volunteers for about two and a half decades made it a reality and we are still maintaining it. Our unit won the first prize for the best Tharun Thriveni Garden in the University of Kerala. The garden was made in a 1.5 acres of land. Our units, Principals, Programme Officers and volunteers were adjudged the best in several years. Our former Programme Officer Sri. Sabukuttan received the coveted Indira Gandhi National Award for the best NSS Coordinator. Our former Programme Officer Smt. Anitha Sankar was appointed as the State Liaison Officer for NSS, Kerala State. Our unit has got the unique saga of building and handing over three houses (NSS Bhavans) to the poor and disabled beneficiaries in the year 1996-97. Before the delinking of Pre-Degree from colleges, we maintained a career Guidance Centre which was instrumental in showing the right path for the then 4500 plus students of this Campus

The activities for the year 2015-16 commenced on 13-06-2015 and concluded on -25-05-2016 by successfully implementing some projects which benefited members of the local society and organized a number Programmes which all were test stones of the organizing capacity and united strength of our volunteers.

Vayomithram Programme-survey

Date : 13-06-2015

Venue: SMP Colony, Kollam

As part of vayomithram programme, National Service Scheme in association with Kerala Social Justice Department has conducted a survey to ascertain the problems of old age people in our adopted village SMP Colony. The programme was inaugurated by the Kollam Mayor Honey Benjamine. Thirty volunteers participated in the survey and it was a good learning experience for them in social work.

Orientation Programme

Date: 09-09-2015

Venue: S.N College, Kollam

An Orientation programme was conducted for the first year students in the G2 Seminar Hall of SN College. The NSS volunteers recited the prayer. Welcome speech was delivered by NSS Programme Officer Sri. Vishnu.S. Our Principal Dr KB Manoj Presided. Dr. Manoj -Asst.Professor and former Programme officer was the keynote speaker. The NSS Programme officer, Smt. Jissa S Felicitated. Vote of Thanks proposed by NSS Volunteer Aju. Dr.Manoj gave a detailed awareness on various aspects of National Service Scheme like its origin, importance, relevance etc.,

Campus Cleaning

12-09-2015

The volunteers reached the college by 8.30 am and eight groups were formed for the purpose of cleaning. They cleaned the premises with all their effort. Subsequently they shared the days experience

Orientation Programme

15-09-2015

An Orientation class was given by Sri. Anand and Sri. Nasurdeen from the Social Justice Department with the intention of getting the participation of the volunteers in a workshop which is to be held on 19-09-2015. They explained the agenda of the workshop and ensured the volunteers' participation with their paper presentation .Sri. Vishnu.s (Programme Officer,NSS), delivered the welcome speech and Smt Jissa. S. (Programme officer, NSS) gave the Felicitation. Ms.Maya (NSS Volunteer) proposed the Vote of Thanks

Ozone Day

16-09-2015

As part of the observation of Ozone Day, the Principal Dr. KB Manoj in the presence of the Programme Officers and volunteers planted a sapling of Banyan tree in the college premises. The volunteers watered the sapling .Subsequently the Principal talked about the importance of the day and the need to plant various trees in the college premises.

workshop

19-09-2015

A Workshop on the protection of old age was conducted by the Social Justice Department in association with the National Service Scheme of SN College. The volunteers, Saranya, Sarath, Maya, Sreelekshmi, Sarija and Amala presented papers. The volunteers presented papers on the basis of a survey conducted by them on the same topic before. It was a good experience for the volunteers and they did it excellently. Ms. Maya received the prize for best presentation

Orientation Class on Blood Donation

22-09-2015

The Programme Officers Vishnu S and Jissa S gave an awareness on blood donation. After it a meeting was held to discuss the preparation for the next day's blood donation camp.

Blood Donation Camp

23-09-2015

We got the opportunity to host the District level inauguration of Blood Donation week in association with JCI Kollam Royal and District Hospital Blood Bank. As part of this a big Blood Donation Rally was conducted. The volunteers participated in the rally by holding placards which served the real purpose of awareness and the discipline of NSS volunteers. The camp was inaugurated by Dr.S.Chithra,IAS, the Assistant Collector. Fifty bags of blood were collected and certificates distributed to the donors. Programme Officer Ms. Jissa S delivered the welcome speech. Dr.Chithra ,IAS gave a thought provoking speech. Dr Babu Chand ran (Dy DMO Kollam), Dr Ajith kumar(RMO Kollam), and Adv pramod prasannan(President,JCI ,Kollam Royal) felicitated the programme. Programme officer Mr Vishnu S proposed the vote of Thanks

Observation of NSS Day

24-09-2015

NSS day was celebrated on 24th September. Principal Dr.KB Manoj hoisted the NSS flag and talked a few words about the importance of the day. Following this the Programme Officers and two of the volunteers gave a thought provoking speech. Subsequently the volunteers involved in campus cleaning and agricultural activities.

Alzhimers Day

30-09-2015

As part of world Alzhimers day the National Service Scheme conducted a seminar, "I am Dementia Friend" in association with Vayomithram Club. The programme started with the prayer recited by the volunteers. Programme Officer Vishnu.S delivered the welcome speech and the Presidential Address was given by the Principal Dr KB Manoj. Vayomithram Co-ordinator Mr. Nazarudin inaugurated the programme and Programme Officer Ms. Jissa.S proposed the Vote of Thanks. Through this programme the volunteers got an awareness about the condition of Dementia and the care and affection needed for the patients. In the interactive session the volunteers asked some queries regarding the disease.

Gandhi Jayanthi (Sevana Varam)

2-10-2015

On October 2nd a rally was conducted as part of Gandhi Jayanthi celebration. The Programme Officers and volunteers took part in the rally with great enthusiasm. On 3rd October the volunteers involved in campus cleaning. On 4th October Elocution Competition on the topic Impact of Cleanliness and Personal Hygiene in Nation Building was held. On 5th October a Pencil Drawing Competition was held.

Seminar

6-10-2015

A Seminar on The Relevance of Dowry prohibition Act was held at G2 seminar Hall. the programme started with NSS prayer. programme officer Vishnu.s delivered the welcome speech. Dowry Prohibition Officer Mr Andrews delivered the keynote address. He spoke various aspects regarding Dowry and Dowry Prohibition Act. subsequently there was an interactive session and the volunteers lively participated in it. Vote of Thanks was proposed by Ms Jissa S (NSS programme officer).

Community Visit

10-10-2015

The volunteers visited the adopted village, SMP Colony and gave an awareness on cleanliness to the people there

Birth Day Celebration of Dr APJ Abdul Kalam

15-10-2015

A Quiz Competition was held as part of the Birthday Celebration of Dr APJ Abdul Kalam. . Sri Sajesh babu (HOD Physics Department) was the Quiz Master. Adarsh from Economics Department won the first prize.

Campus Cleaning

30-10-2015

At 8.30 am the volunteers reached the college and by 9 am they started cleaning the premises of the college

Cancer Awareness Class (Participation)

7-11-2015

Programme Officer Jissa S and the volunteers Saranya and Akash participated in a Cancer Awareness Class jointly organized by NSS, university of Kerala and RCC Thiruvananthapuram. Dr Venu mohan (NSS programme office ,university of Kerala) inaugurated the programme. Dr Babu Mathew (Rtd. Professor RCC) was the keynote speaker

Ashraya Centre Visit

14-11-2015

The volunteers celebratd the Children's Day with the inmates of Abhaya Centre, Puliathumukku Kollam. The volunteers made the moments light by performing cultural programmes. The keynote Address was given by Mr Venugopal.

21-11-2015

The volunteers cleaned the campus by forming 8 groups. After the cleaning a meeting was held and discussed future plans

Seminar

24-11-2015

A seminar, voice for voiceless was conducted in association with People for Animals, an organization for protecting animals especially dogs. The programme started with prayer. Welcome speech was given by Vishnu S, Programme Officer. Prof. Thankachi ,president of People for Animals

talked about the protection of animals. During the interactive session volunteers lively participated . Ms Jissa S ,Programme Officer proposed the vote of thanks.

Cleaning The Campus

26-11-2015

The NSS Volunteers gathered near college office by 3.15pm on 26-11-2015 after regular classes. The programme began with NSS clap and NSS Song. The Volunteers were divided into three groups and each group was assigned work in the college garden.

The garden was cleaned as a part of campus beautification. The work was completed by 4.30pm. The Volunteers finished the work with NSS claps.

Community Visit

28-11-2015

Thirty volunteers visited the shelter Home of Animals managed by People for Animals near kottiyam, Kollam. They cleaned the premises and got a chance to visit the dogs protected by them.

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Observation of Aids Day

01-12-2015

Aids day was observed by conducting a rally in which the volunteers held placards which helped to give awareness to the public on Aids . after reaching the college there was an interaction with an HIV positive patient. A poster exhibition on Aids awareness was also held by the volunteers.

Seminar

18-12-2015

A seminar on cancer awareness was organized by the National Service Scheme. The programme started with the prayer. Principal in charge Prof Prince chaired the meeting. Vishnu S, Programme Officer NSS , delivered the welcome speech. Dr Sandhya ,Dy DMO was the keynote speaker. She gave an effective class and which helped the audience to get an awareness on the disease.

Orientation

19-12-2015

An orientation class on seven days camp was organized and the class was taken by the NSS Award winner Programme Officer, Dr Sulekha . Her advice, tips and directions was a boon to us for successfully organizing the Annual Residential Camp in an excellent and flawless way.

SEVEN DAYS ANNUAL CAMP

22-12-2015 to 27-12-2015

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Seminar Against Drug Abuse

25-02-2016 –

A Seminar on topic “Alcohol and Drug Abuse”, have been conducted in the G2 seminar hall of Sree Narayana College, Kollam under the initiative of National Service Scheme of the College on 25-2-2016. The programme started with NSS prayer song. The principal in-charge, Sri. Prince presided over the meeting. Programme officer, Sri. Vishnu delivered the welcome speech .The programme was inaugurated by Excise Inspector Mr. Thajudheen by lighting the lamp. The session was led by Sri. Thajundheen. He ignited the young minds with the thoughts of hazardous effects of drug and alcohol consumption. He succeeded in creating awareness among the students with new knowledge about drug abuse and pointed out many instances from local society to make the points more clearly. He quoted sayings from religious books like Mahabharata, Bible etc to further influence the young minds.

He finally made the students to recite a poem that he wrote against the use of alcohol and drug abuse. There was an interactive session in which the students made an active participation. He also made the students to take pledge against alcohol use and drug abuse. Smt. Asha Unnithan also shared a few interesting views with the students. After that Jiddu K Madhu (NSS Volunteer) proposed the vote of thanks.

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Women’s Day Celebrations

8-03-2016

A programme was conducted by Sree Narayana Vanitha Samithy , Kollam on 8 March 2016, as a part of Women's Day. It was attended by NSS Volunteers of Sree Narayana College , Kollam . 27 women volunteers took part in the programme. The programme had two sessions. The programme started by 10.45am, after the inaugural function, the first session was led by Smt. Geetha, Associate Professor, SN Legal Studies. The topic was "Women Empowerment and Protection". She pointed out several atrocities and cruelties against women in the contemporary society with best examples. The session created long lasting impact in the minds of participants. The session ended with an interesting interactive session. She reminded the Slogan of Women's Day for the year 2016: "Pledge For Parity" .

The next session started by 12.30pm. It was led by Dr.Rani Santhakumari. The topic was "Role of elderly people in the family and their Contributions". She pointed the alarming scaling of negligence to the senior citizens by younger generations and also appealed the students not to encourage such things. Her session was interesting as she presented serious things with her simplicity and the depiction of common man's life examples. Her session also ended with a interesting interactive session in which several NSS volunteers took part.

In the closing session, our volunteers **Midhula R** (1st BA English) and **Vinaya** (2nd BA English), were adjudged as the best participants and cash prizes were received by them.

He finally made the students to recite a poem that he wrote against the use of alcohol and drug abuse. There was an interactive session in which the students made an active participation. He also made the students to take pledge against alcohol use and drug abuse. Smt. Asha Unnithan also shared a few interesting views with the students. After that Jiddu K Madhu (NSS Volunteer) proposed the vote of thanks.

Women's Day Celebrations with Street Play

08-03-2016

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The NSS Volunteers of Sree Narayana College, Kollam celebrated the Women's Day in a unique way.They maximum utilized their talents and directed a play "PENNU" and performed by them. The play reveals the miseries that the women working in some of the

field of society. The play was first performed in Sree Narayana College; Kollam .The play was a grand success. The crew moved towards Sree Narayana College for Women, Kollam, where also the Students appreciated the play. “PENNU” got a place in their heart. Next venue was at the Fathima Matha National College, Kollam. Even though the students there made many comments at the beginning of the play it ended with a big round of applause. After 3.30pm the crew went to Chinnakkada Bus Stand- the heart of Kollam City. NSS Volunteers appealed the people for watching the play. Many people gathered and interestingly watched the play.

The programme generated much PR to the NSS of Sree Narayana College, Kollam. Many TV channels telecasted it. Almost all newspapers reported it.

Cleaning The Campus

15-03-2016

The NSS Volunteers of Sree Narayana College, Kollam collectively joined hands for cleaning the campus after the regular class on 15-03-2016. The area near Malayalam Department which was dumped with wastes after lunch was cleaned by the NSS Volunteers.

NSS Volunteers assembled by 3.15pm. After a few minutes of discussion and interactions they started the work at 3.30pm. Wastes collected were effectively disposed off , plastics were separated and the rest were buried.

When the NSS Volunteers of the college joined hands and worked for an hour, the area turned into a neat and tidy place. By 4.30pm all the NSS Volunteers reassembled and the programme ends by the NSS Claps.

16-03-2016

The NSS Volunteers assembled by 3.15 after the regular class on 16-03-2016 to continue the Clean the campus works. The area near the politics department was chosen to be cleaned for the day. The NSS Volunteers gathered near the politics department by 3.15pm . The programme began with NSS clap an NSS Song. The Volunteers were then divided into three groups and each group did their assigned work perfectly. The work completed by 4.30pm with NSS Claps.

17-03-2016

The NSS Volunteers of Sree Narayana College, Kollam, gathered near politics department by 3.15pm on 17-03-2016 after regular classes. The programme began with NSS clap and NSS Song. The Volunteers were divided into three groups and each group was assigned work in the college ground.

The playground was cleaned as a part of cricket tournament that was scheduled in the following days. The work was completed by 4.30pm. The Volunteers finished the work with NSS claps.

Healing Touch by NSS on a national tragedy

15-04-2015

Programme Officer Jissa S together with 5 NSS volunteers visited the seriously injured patients of Puttingal Firework Tragedy and distributed 110 lunch packets in the Medical College Hospital, Thiruvananthapuram. Blood Donors of Kerala which was actively working to help the patients there made the arrangements to do this service

Installation of Napkin Incinerator-Suraksha Project in Collaboration with JCI Quilon

25-05-2016

In collaboration with JCI, Quilon ,the National Service Scheme installed an incinerator worth Rs.30,000 in a girls' toilet in our college. JCI Quilon did this as a part of JCI's Natonal Project, SURAKSHA .