

ANNUAL REPORT OF HEALTH CLUB (2019-2020)

SREE NARAYANA COLLEGE, KOLLAM

Co-ordinator: Dr. S. Jisha, Assistant Professor, Department of Zoology, S. N.
College, Kollam

Members of the health club: Dr. B. Hari (Zoology), Dr. Manoj (Physical Education), Dr. Asitha (Physics), Dr. Deepa (Chemistry), Dr. Dhanya (Commerce), Dr. Jeneena (Chemistry), Dr. Rekha (Malayalam) & Dr. Sruthy (English)

The activities organized as part of health club is documented below:

1. **Seminar on Challenges in Prevention and Control of Mosquito Borne Diseases (16. 07. 2019):** Organised by Health Club (Sree Narayana College, Kollam) in association with Department of Zoology, District Medical Office (Health), Kollam as part of observing Anti-Malaria Month, 2019, Resource person: Dr. R. Sandhya, Deputy DMO & District Surveillance officer, District Medical office, Kollam, Venue: G2 Seminar Hall, Time: 10am to 1pm, No. of participants- 50.
2. **Hands-on- training on eco-friendly and colour-coded dust bin making for clean and healthy biological science laboratories (09. 12. 2019):**

Organised by Health Club (Sree Narayana College, Kollam) Department of Zoology in association with WWF-India, Venue: Zoology Laboratory, Time: 10.00 am to 3.30 pm, No. of participants- 18.

3. **Awareness programme on corona virus (05. 02. 2020):** Organised by Health Club (Sree Narayana College, Kollam) and Department of Zoology, District Medical Office (Health), Kollam and as suggested by government of Kerala for creating awareness among public, Resource person: Dr. R. Sandhya, Deputy DMO & District Surveillance officer, District Medical office, Kollam, Venue: G2 Seminar Hall, No. of participants- 50.
4. **Training programme on Zumba (14. 02. 2020):** Organised by Health club (Sree Narayana College, Kollam) and Department of Zoology in association with TES Energy studio, Kollam, Resource person: Ambili Kannan, Certified Zumba Trainer, TES Energy studio, Kollam, G2 Seminar Hall, Time: 9.30 am to 12.30 pm, No. of participants- 25.
5. **Participation of students in the ‘Tide Turners Plastic Challenge’ (12. 03. 2020):** Prompted students to register and participate in the challenge to reduce plastic wastes in daily life organised by United Nations Environment Protection, The Young Leaders Plastic Challenge, and Clean Seas. Implemented at college by Health Club, S.N College, Kollam in association with WWF-India., No. of participants- 38.

